



Inner Atlas® Books

2025 Catalogue



Our Books

Land of ENOUGH

Land of NOW

Land of I AM

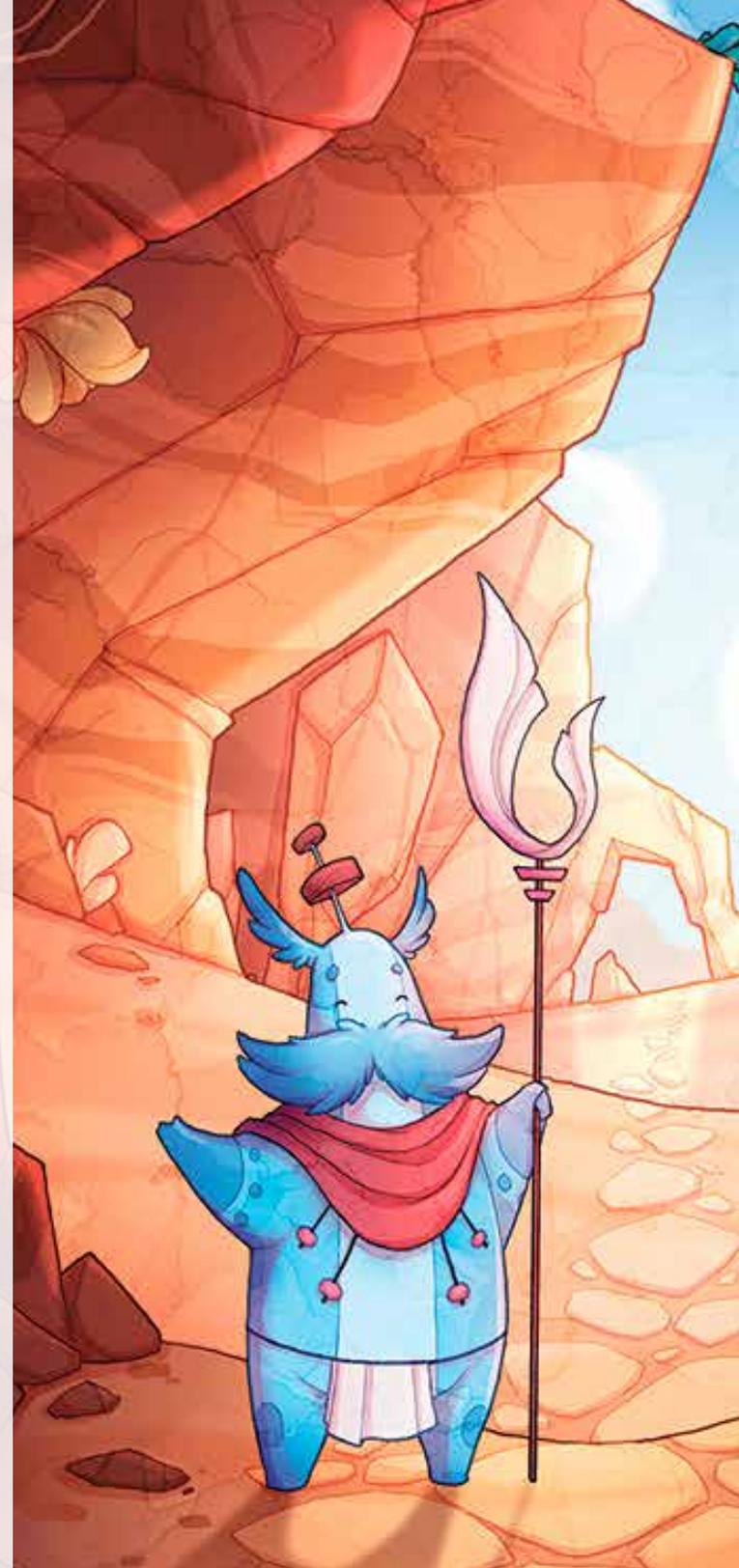
Land of AND

Land of OR

Ordering Information

About Us

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Land of Enough

In this Land you will find
There's no need for more stuff

Because gratitude shows you
There's always Enough.

Discover the power of gratitude in Land of Enough.

On this journey you will learn how the simple act of being grateful shows that you truly **have** enough, and you don't need more.

This Land will teach you that **there is** enough through sharing what you have.

And you will learn how appreciate your authentic self, as you are so you can discover that **you are** enough.

So, instead of always looking for more or wanting to be someone else, you will discover that, with the help of a little gratitude, **Enough** can always be found.

Release Date: May 2023

Target Audience: Ages 5 and up, and intended for everyone!



Katie Mullaly
&
Toby Allen

Land of Enough

ISBN: 978-1-947459-77-9

MSRP: \$19.99

Size: 8.75" x 11.25" hardcover

Pages: 32, all full color

Ages: 5 and up

Release date: May 2023

Praise for Enough

“*Land of Enough* is a beautiful reminder of the power of gratitude in our lives, and that when we look through the eyes of gratitude, we will find that we already have everything we need to find joy in our lives.”

This book is an experience that shows us the *why* and *how* behind how true *Enough* is, and how we can practically live and enjoy our lives in that truth every day.”

“*Land of Enough* is right on time to remind all of us that gratitude can change our perspective in life and literally transform our world if we would all practice it.”

“Thank you for showing that gratitude, sharing, and self-worth go hand in hand and that, if we slow down and pay attention to the immediate world around us, we can truly appreciate everything we have and everything we are.”



Land of NOW

Sit here in NOW
in this Land you will find,

Ways to clear all the chaos
and quiet your mind.

In *Land of NOW* you learn the tools for how to be present, in this moment by clearing out all the useless thoughts that are blocking the *NOW*.

What is it that's keeping you from enjoying this moment? From seeing the beauty and wonder of the *NOW*? Are you worried about something in the future that hasn't happened yet? Or is it the past that is gnawing at you, unwilling to let go? Or maybe it's because you're longing for things to be different and don't want to accept what is, so you're missing out on the *NOW*.

Whatever the reason, *Land of NOW* can show you what to do with all the useless thoughts, and how to let them move on so you can enjoy the present, the only moment we have, the *NOW*.

Release Date: November 2018

Target Audience: Ages 7 and up, and intended for everyone!

Land of NOW



Katie Mullaly
&
Toby Allen

Land of NOW

ISBN: 978-1947459-21-2

MSRP: \$19.99

Size: 8.75" x 11.25" hardcover

Pages: 32, all full color

Ages: 7 and up

Release date: November 2018

Praise for NOW

“In this book, kids and parents are given powerful tools to fend off those mental monsters, and through the wondrous tradition of storytelling, utilize simple, logical steps to return to our peaceful, natural mental state.”

“Being mindful and present is probably one of the greatest struggles in our society; not just for adults, but for our children as well—learning how to be present and enjoy the moment we’re given is a process, and this book definitely walks you through that process.”

“*Land of NOW* is eye-opening, imaginative, and deeply touching.”

“For a little person, Mullaly’s singular take on the importance of relying on one’s own ability to reach a serene place, is a treasure of untold value.”



Land of I AM

In Land of I AM
you will find your way through,

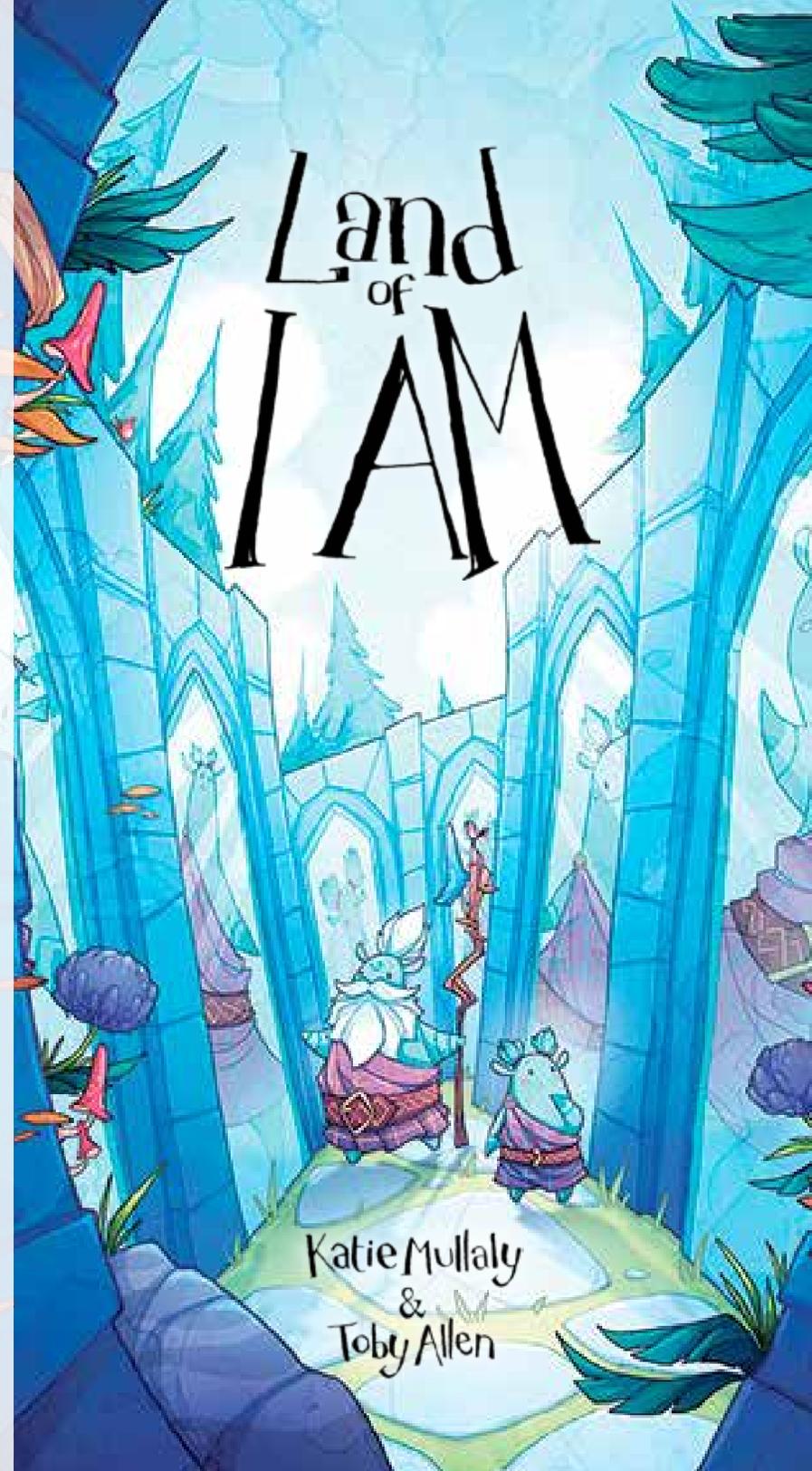
Past all the false mirrors
and to the REAL you!

Two of the most powerful, important words in the world are “I am.” These simple words shape how you see yourself, and how the world sees you. The good news is that we can control the I AMs that we use, we just need to learn how.

In Land of I AM, you wind your way through a maze of warped mirrors that reflect the distorted images you’ve created, keeping you from knowing your true self. With the help of your faithful Guide, you learn that these images are made up of false, negative labels you’ve put on yourself without even realizing it. The mischievous Yabbut returns and tries to make you accept these twisted reflections as the truth, keeping you stuck in the maze. But as you learn to be careful with the I AMs that you say, and choose only the best ones, you will find your way to the mirror that reflects the best and truest version of who you are!

Release Date: November 2016

Target Audience: Ages 7 and up, and intended for everyone!



Land of I AM

ISBN: 978-0-9860997-4-8

MSRP: \$19.99

Size: 8.75" x 11.25" hardcover

Pages: 32, all full color

Ages: 7 and up

Release date: November 2016

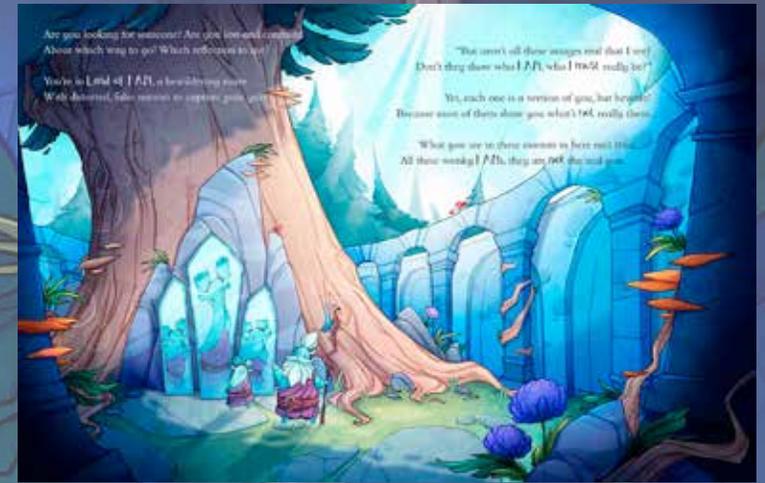
Praise for I AM

“Self-discovery can be a painful journey when we get botched up in dead ends, and other men’s canyons. Mullaly and Allen have mapped out safe passage through the maze of identity.”

“This book is sure to enrich the lives of children everywhere, as they discover their own unique strengths and inner sense of well being. Katie’s awe-inspiring work coupled with her innate ability to understand the needs of children, is simply sublime.”

“It’s a kids book with a perfect message for today’s teens and young adults as they traverse the real world of social media images and social pressures. Celebrate being your very unique self.”

“A fun and enlightening experience that leaves lasting effects.”



Land of AND

Climb on aboard
and your world will expand.

We'll include all we find
in this grand Land of AND!

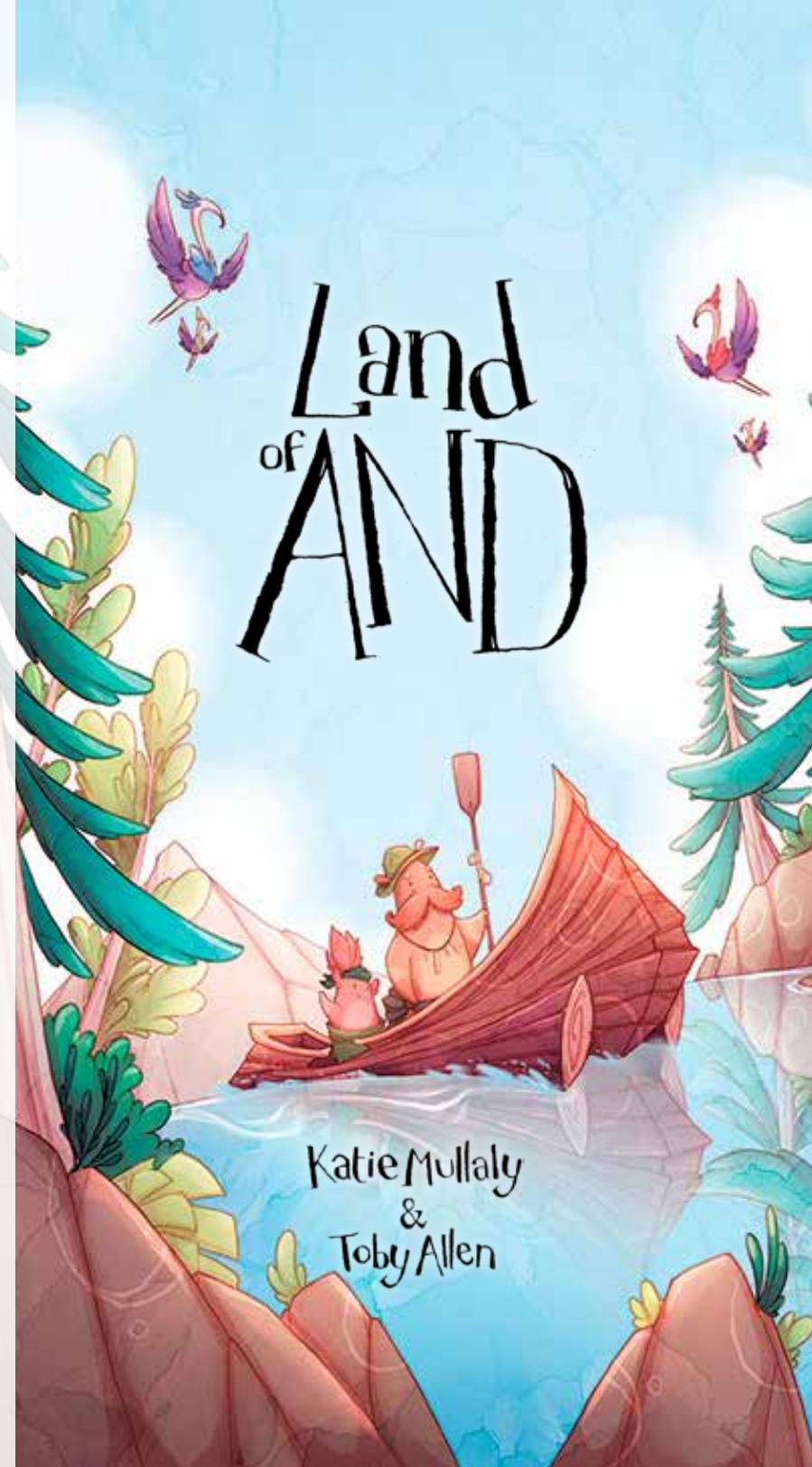
As you float down the river that rolls and rumbles through Land of AND, you'll get the chance to join up with new and interesting characters you may not have thought to include in your plans before.

You'll learn that even those who seem scary or different at first may bring something great to your journey; whether it's a special skill, a wealth of experience, or even just a unique sense of style!

You'll have to watch out for the *Yabbut*, who tries to keep your odd and unusual new friends from coming aboard. But with help and wise advice from your trusty river guide, you'll make sure that everyone gets to come along!

Release Date: November 2015

Target Audience: Ages 5 and up, and intended for everyone!



Land of AND

ISBN: 978-0-9860997-1-7

MSRP: \$19.99

Size: 8.75" x 11.25" hardcover

Pages: 32, all full color

Ages: 5 and up

Release date: November 2015

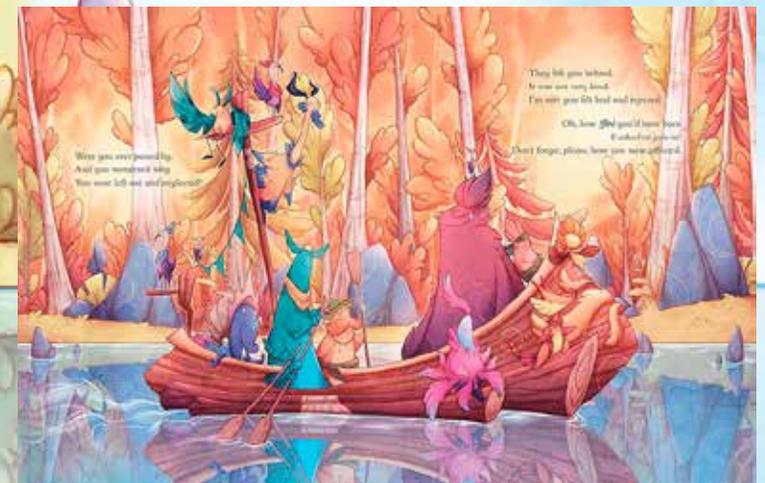
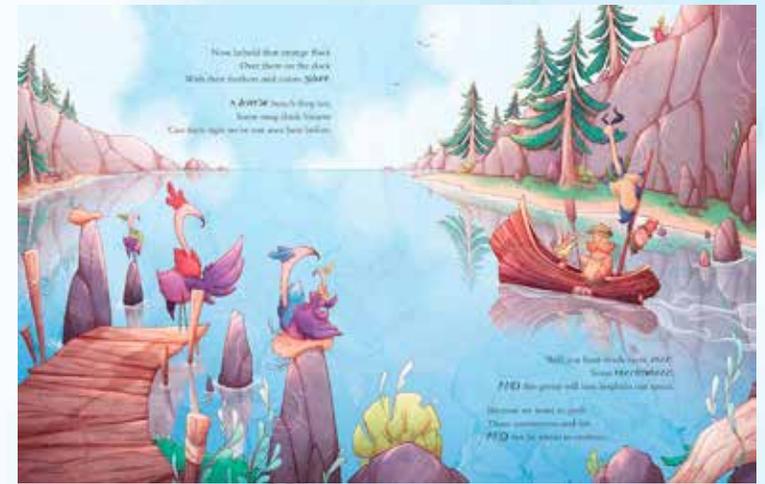
Praise for AND

“There are so many new things to experience when we open ourselves to inclusion.”

“It is an extremely creative and innovative travel book. It appeals to both children and adults. It is something special when you can read a book over and over and still learn something during your last read.”

“This story is beautiful; the pages are filled with color, wonderful characters and life lessons regarding kindness, self worth, empathy, respect and companionship.”

“I believe Mullaly is just the author we need to build our children’s self esteem and comradery and for that I thank her.”



Land of OR

Travel with us through this
fine Land of OR

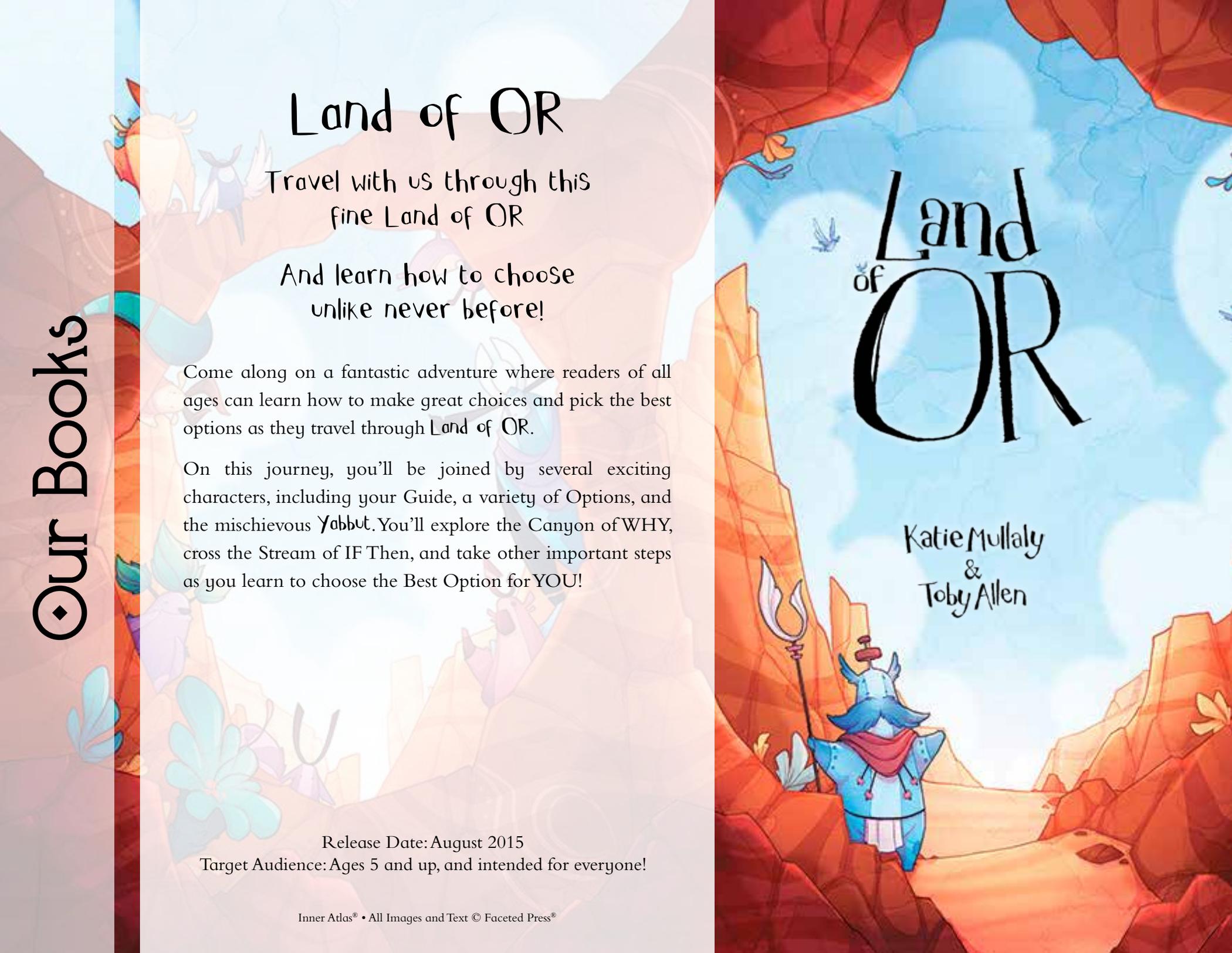
And learn how to choose
unlike never before!

Come along on a fantastic adventure where readers of all ages can learn how to make great choices and pick the best options as they travel through Land of OR.

On this journey, you'll be joined by several exciting characters, including your Guide, a variety of Options, and the mischievous *Yabbit*. You'll explore the Canyon of WHY, cross the Stream of IF Then, and take other important steps as you learn to choose the Best Option for YOU!

Release Date: August 2015

Target Audience: Ages 5 and up, and intended for everyone!



Land of OR

Katie Mullaly
&
Toby Allen

Land of OR

ISBN: 978-0-9860997-0-0

MSRP: \$19.99

Size: 8.75" x 11.25" hardcover

Pages: 32, all full color

Ages: 5 and up

Release date: August 2015

Praise for OR

“Land of OR is absolutely brilliant! Thousands of new children’s books are released each year, but few are written with the direct intention of helping young readers identify and embrace life’s good choices.”

“These are powerfully affirmative books on a vast range of qualities.”

“The cute storyline will keep the attention of grade-school readers. The clever directions spelled out throughout about this important life skill will make it a valuable teaching tool for parents.”

“A very unique and enjoyable read for the whole family, and a valuable reminder to all of us to make good decisions.”



Wholesale Ordering

We offer wholesale rates and distribution options direct from the publisher (us)! For wholesale rates, we offer 30% off the cover price of our books for orders of 8 to 15 books. For orders of 16 books or more, the discount is 40% off the retail price. We pay for the shipping to you.

Returns

As a small publisher, we can't process returns like the big companies. So all of Faceted Books, including the Land of... Children's Books are non-returnable. But, we guarantee that you get what you ordered. If your books arrive from our warehouse damaged, we will replace it and pay the shipping cost to get you a new copy. We just need you to send a photo of the damaged packaging and books.

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To place an order and for more information on wholesale and distribution, please contact:

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Katie Mullaly – Author & Publisher

As a lover of rhyme, rhythm and reason, Katie Mullaly continues to share her passion for teaching, creating greater awareness and living a conscious life through the Land of... Children's Books®.

The Land of... Children's Books® series came about from years of Katie's soul-searching, seeking her purpose and wanting to create something meaningful that incorporated her passion for mindful living. This series allows Katie to find new sources of creativity that she didn't know she had. It also allows her to share her experiences of trying to be a better human with her readers.

Katie has a BS in Science Communication and an MS in Professional Master of Science and Technology, both from the University of Utah, and is working on a "PhD" in being a better human. She will be working on her dissertation on being a conscious, caring person for the rest of her life, and looks forward to sharing that work with anyone who will read her books.

Toby Allen – Illustrator

Illustrator Toby Allen's whole life has been about drawing and he's had a pen in his hand since he can remember. With a zest for the fantastic and an ability to create worlds no one has ever seen, he brings new life to children's books.

Toby holds a BA Honors Degree in Illustration from Plymouth College of Art located in Plymouth, England. He has pursued a creative education since high school, with that pen always in hand. Since he has started working professionally, he always takes the opportunity to learn a new skill along the way.

Other works by Toby include "Real Monsters," his physical representations of mental illnesses aimed at educating and reducing stigma surrounding mental health issues. He also illustrated Charlie's Choices, a children's book that aids selectively mute children and their parents.

Author & Publisher Katie Mullaly and Illustrator Toby Allen



Faceted Press®

We are creating mindfulness tools that are fun, memorable, and presented in a simple, applicable format. By taking important life lessons and disguising them with Katie's engaging rhymes and Toby's brilliant illustrations, they are making these personal growth tools accessible for readers of all ages.

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