

Land^{of} Enough

Guide to Using the Power of Gratitude

1. Appreciate the small things that are around you right now. You will see them in a new way.
2. Instead of looking for More, be grateful for what you have now, because you have Enough.
3. When you share, instead of keeping it all to yourself, it shows gratitude for what you have. And you will see that there is Enough.
4. When you appreciate who you truly are, you will see that you are Enough.
5. Once you can truly be grateful for all that you have and all that you are, your world changes and you see that you can always be in Enough.

Listen to your guide, the Yabbut!



From your friends in
Land of Enough.



The Yabbut